

Demarest Nature News



Demarest Nature Center Association
Box 41, Demarest, N.J., 07627

www.demarestnaturecenter.org
Summer 2016 Vol. 41, No. 2

President's Message

Welcome to the Spring and Summer of 2016! We hope you have gotten to traverse the trails of the Demarest Nature Center or been able to sit on one of the benches and commune with nature. Take time to listen to the birds or to the babbling Tenakill Brook. After you listen, look to the sky and smile. There are so many wonders when you connect with nature and the earth.

Did you know recently there have been studies linking hiking or walking through nature with a positive mental state of health? Yes it is true. Just go on the internet and do a web search. You will find many articles about the subject.

A lot of people ask what does the Demarest Nature Center do? Well, besides providing educational programs at no cost to the public schools in Demarest, hosting Breakfast in the

Woods and the Craft Show at Oktoberfest, the other events can be found on our website at www.demarestnaturecenter.org. We also maintain the trails in the Demarest Nature Center and provide a yearly scholarship to a student studying an environmental field of study in college.

Thank you so much for your continued support of the Demarest Nature Center and please contribute by sending a check or money order to Demarest Nature Center PO Box 41, Demarest Nature Center or by going on our website with your credit or debit card to www.demarestnaturecenter.org and the craft Show at Oktoberfest click the donate button towards the top right of the home page.

Cynthia Soroka-Dunn
President



Photo left to right – Cynthia Soroka-Dunn and Marianna Simpson taken at a cold Oktoberfest. It is with a heavy heart that last year we lost one of our champions, Marianna Simpson. She was a part of the fabric of the Demarest Nature Center. A long time member she sat on the Board numerous times. She is sorely missed and will never be forgotten.

Your membership dollars allow us to continue to give back to the community and preserve and protect DNC's 60 acres of meadows, forests and wetlands.

Bridge Repair on the Trestle Bridge Trail

Mother Nature wasn't very nice to the trestle bridge on our Trestle Bridge Trail this winter. Thanks to the members of the Trails & Grounds Committee, Dave Emerson & Kevin Riley, we were able to repair the trail's namesake! Enjoy this series of pictures of the damage and then the repair work to restore our wonderful bridge. That strapping young man in some of the photos is one of the founders of the Demarest Nature Center, Dave Emerson, super volunteer and recurring board member.



Senior Service 2016

"Our 2016 Northern Valley senior service program has begun. High school seniors Kate Piesman, Ronni Kochan, Nicholas Diaz, Ethan Okoshi & Gabby Diaz are working under the direction of Kevin Riley with the help of Dave Emerson and other volunteers. In the first few days after getting to work they have cleared evasive English Rose, re-blazed trails, laid down wood chips on the DPW entrance to the Railroad Trail, established a new loop trail on the eastern meadow, & established a connecting trail from the east Tenakill Trail east to the Trail to Closter. They'll be working in the Nature Center until June 20, so if you see them toiling away in the brush, say "hi"." We thank these students for their volunteer service in keeping our Nature Center both beautiful and functional!



Nature Walk/Volunteer Day

Naturalist Marc Gussen of Closter Nature Center leads an informative tour of the Demarest Nature Center



Easter Egg Hunt 2016

Irene Lourbas joined the Easter bunny hall of fame again this year! Thanks Irene!



DEMAREST NATURE CENTER ASSN.

Borough of Demarest

P.O. Box 41

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What's Happening This Summer And Fall!

► June 11th

Breakfast in the Woods Fund Raiser! Offering breakfast to current members of the Demarest Nature Center. Send in the enclosed membership envelope today! Memberships can also be purchased at the breakfast for as little as \$20 for the whole family. Serving custom made omlettes, coffee, fruit, bagels, OJ, and cereal from 9am to 11am, next to the Imaginative Playground in Wakelee Field. Photo

Contest Winners will be announced at 10am, followed by a FREE live animal show. Rain date Sunday June 12. Not sure if you're a current member? Send an email to dncmembership@gmail.com to find out.

► September 17th

The First Annual DNCA DogWalk through the Demarest Nature Center. All area dogs and their "leashed" masters are welcome for an easy hike leaving from The Duck

Pond flag pole at 10am (return before 11:30am). No unleashed dogs will be allowed.

► October 8th

The Craft Show At Oktoberfest at the Duck Pond 10am to 5 pm. Treats for all your senses -- German music, inflatable rides, Korean and German foods. Plus a wide range and variety of handmade crafts.

Rain date, October 15th.

We are a 501(c)3!

There is no greater feeling than supporting a worthy organization. The Demarest Nature is a non-profit 501(c)3 organization. This means that your donations are tax deductible. Your donations support all of our educational programs, scholarships, events and the continued preservation of our green space. Consider a gift to the Demarest Nature Center as an investment in the future of our community. Of course, it goes without saying, or with saying in this case, that we are not offering tax advice by the above statement. Contact any of our trustees if you would like more info.

Photos by Kevin Riley unless where otherwise credited.